

HANDS IN THE SOIL PRESENTS

**2022
SCHEDULE**

**JANUARY
24-30**

**FEBRUARY
21-27**

**MARCH
20-26**

**APRIL
24-30**

**MAY
15-21**

LET'S FAST!

A Monthly Community Wellness
& Fasting Program

FAST!

**JUNE
26-2**

**JULY
17-23**

**AUGUST
21-27**

**SEPTEMBER
18-24**

**OCTOBER
16-22**

**2022
SCHEDULE**

LET'S